



# COLLEGE RECRUITING PROCESS

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# HAVE A PLAN

# TOPICS

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- ▶ Considerations
- ▶ Differences between Divisions
- ▶ Chronology of Tasks
- ▶ School selection
- ▶ Benefit of SC Residence
- ▶ Recruiting Terminology
- ▶ Contacting Coaches
- ▶ What To Do Today



## CONSIDERATIONS

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- ▶ Look at your passion in a very practical way
- ▶ Consider what makes you happy and what occupation you would potentially pursue
- ▶ Have a realistic understanding of your ability, personality, interests and passions
- ▶ College soccer is an amazing opportunity you can pursue but you must understand the time, effort and emotion required to fulfill the duty of a student-athlete



## DIVISION 1-OVERVIEW

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- ▶ Most recognized, best facilities, biggest budgets, most competitive
- ▶ 333 women's soccer programs (12 in SC)
- ▶ Fully-funded programs have 14 athletic scholarships to use
- ▶ Can offer athletic, academic and financial aid



# DIVISION 1-ACADEMIC REQUIREMENTS

- ▶ 16 core courses determine GPA (minimum 2.3)
  - 4 years English
  - 3 years math
  - 2 years natural/physical science
  - 1 add. Year math, English or science
  - 2 years social science
  - 4 add. Years math, English, nat/phys science, social science, foreign language, religion or philosophy
- ▶ Communicate with counselor to track progress
  - Complete 10 core courses before 7th semester
  - Once begin 7th semester cannot repeat or replace any of 10 core courses to improve CC GPA



How to plan your high school courses to meet the 16 core-course requirement:

$$4 \times 4 = 16$$

## 9<sup>TH</sup> GRADE

(1) English  
(1) Math  
(1) Science  
(1) Social Science  
and/or additional

**4 CORE COURSES**

## 10<sup>TH</sup> GRADE

(1) English  
(1) Math  
(1) Science  
(1) Social Science  
and/or additional

**4 CORE COURSES**

## 11<sup>TH</sup> GRADE

(1) English  
(1) Math  
(1) Science  
(1) Social Science  
and/or additional

**4 CORE COURSES**

## 12<sup>TH</sup> GRADE

(1) English  
(1) Math  
(1) Science  
(1) Social Science  
and/or additional

**4 CORE COURSES**

# DIVISION 1-ACADEMIC REQUIREMENTS-SLIDING SCALE



DIVISION I FULL QUALIFIER SLIDING SCALE					
Core GPA	SAT*	ACT Sum*	Core GPA	SAT*	ACT Sum*
3.550	400	37	2.750	810	59
3.525	410	38	2.725	820	60
3.500	430	39	2.700	830	61
3.475	440	40	2.675	840	61
3.450	460	41	2.650	850	62
3.425	470	41	2.625	860	63
3.400	490	42	2.600	860	64
3.375	500	42	2.575	870	65
3.350	520	43	2.550	880	66
3.325	530	44	2.525	890	67
3.300	550	44	2.500	900	68
3.275	560	45	2.475	910	69
3.250	580	46	2.450	920	70
3.225	590	46	2.425	930	70
3.200	600	47	2.400	940	71
3.175	620	47	2.375	950	72
3.150	630	48	2.350	960	73
3.125	650	49	2.325	970	74
3.100	660	49	2.300	980	75
3.075	680	50	2.299	990	76
3.050	690	50	2.275	990	76
3.025	710	51	2.250	1000	77
3.000	720	52	2.225	1010	78
2.975	730	52	2.200	1020	79
2.950	740	53	2.175	1030	80
2.925	750	53	2.150	1040	81
2.900	750	54	2.125	1050	82
2.875	760	55	2.100	1060	83
2.850	770	56	2.075	1070	84
2.825	780	56	2.050	1080	85
2.800	790	57	2.025	1090	86
2.775	800	58	2.000	1100	86

ACADEMIC REDSHIRT

- Full-Qualifier
  - Can receive athletic scholarship
  - Can train and compete
- Partial-Qualifier (see table as academic redshirt)
  - Can receive athletic scholarship
  - Can train
  - CANNOT compete
- Non-Qualifier (did not meet GPA OR SAT/ACT requirements)
  - Cannot receive athletic scholarship
  - Cannot train
  - Cannot compete

SAT score includes Math & Reading

## DIVISION 2-OVERVIEW

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- ▶ Generally smaller schools with smaller budgets
- ▶ 265 women's soccer programs (12 in SC)
- ▶ Fully-funded programs have 9.9 athletic scholarships to use
- ▶ Can offer athletic, academic and financial aid
- ▶ Less athletic demand generally
- ▶ Heavy international presence



## DIVISION 2-ACADEMIC REQUIREMENTS

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- ▶ 16 core courses determine GPA (minimum 2.2)
  - 3 years English
  - 2 years math
  - 2 years natural/physical science
  - 3 add. Year math, English or science
  - 2 years social science
  - 4 add. Years math, English, nat/phys science, social science, foreign language, religion or philosophy





# DIVISION 2-ACADEMIC REQUIREMENTS-SLIDING SCALE

DIVISION II FULL QUALIFIER SLIDING SCALE		
Core GPA	SAT*	ACT Sum*
3.300 & above	400	37
3.275	410	38
3.250	430	39
3.225	440	40
3.200	460	41
3.175	470	41
3.150	490	42
3.125	500	42
3.100	520	43
3.075	530	44
3.050	550	44
3.025	560	45
3.000	580	46
2.975	590	46
2.950	600	47
2.925	620	47
2.900	630	48
2.875	650	49
2.850	660	49
2.825	680	50
2.800	690	50
2.775	710	51
2.750	720	52
2.725	730	52
2.700	740	53
2.675	750	53
2.650	750	54
2.625	760	55
2.600	770	56
2.575	780	56
2.550	790	57
2.525	800	58
2.500	810	59
2.475	820	60
2.450	830	61
2.425	840	61
2.400	850	62
2.375	860	63
2.350	860	64
2.325	870	65
2.300	880	66
2.275	890	67
2.250	900	68
2.225	910	69
2.200	920	70 & above



Full-Qualifier

Can receive athletic scholarship

Can train and compete

Partial-Qualifier (see table as academic redshirt)

Can receive athletic scholarship

Can train

CANNOT compete

## DIVISION 3-OVERVIEW

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- ▶ Generally more academic-centered
- ▶ 441 women's soccer programs (0 in SC)
- ▶ Do not offer athletic scholarship
- ▶ Offers academic scholarship and financial aid
- ▶ \*Not required to register with Eligibility Center to play D3 or with NJCAA



## DIVISION 3-ACADEMIC REQUIREMENTS

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- ▶ Schools set own admission and eligibility standards



## NAIA-OVERVIEW

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- ▶ Smaller schools with heavy international rosters
- ▶ 188 women's soccer programs (1 in SC)
- ▶ Can offer athletic scholarship
- ▶ Fully-funded programs have 12 athletic scholarships to use



## NAIA-ACADEMIC REQUIREMENTS

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- Meet 2 of 3 requirements:
  - ▶ Minimum of 18 ACT OR 970 SAT
  - ▶ Graduate HS with 2.0 GPA
  - ▶ Graduate in top 50% of your HS class



## NJCAA-OVERVIEW

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- 2-year schools, heavy international rosters
- 181 women's soccer programs (1 in SC)
- Fully-funded programs have 18 athletic scholarships to use
- Ability to transfer to 4 year school
- \*Not required to register with Eligibility Center to play D3 or NJCAA



## NJCAA-ACADEMIC REQUIREMENTS

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- Must have graduated HS
- No age clock on eligibility
- Allowed 2 seasons of competition



# CHRONOLOGY OF TASKS-TO PLAY D1/D2

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- Freshman year
  - ▶ Meet with counselor to make sure you take appropriate core courses
- Sophomore year
  - ▶ Register with NCAA eligibility center-create Certification Account
  - ▶ Work on video/resume
  - ▶ Attend ID camps of interest summer going into JR year
- Junior year
  - ▶ Meet with counselor to make sure you will complete core courses on time to graduate
  - ▶ Take ACT/SAT (even if enrolling in 2022, may be required for admissions/academic scholarship)
  - ▶ End of Junior year have counselor upload official transcript to Eligibility Center
  - ▶ Attend ID camps of extreme interest summer going into SR year
- Senior year
  - ▶ Complete last of 16 core courses
  - ▶ Complete amateurism questions through Eligibility Center
  - ▶ After graduation have counselor submit final transcript and proof of graduation to Eligibility Center





## CHRONOLOGY OF TASKS-TO PLAY NAIA

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- Register with NAIA Eligibility Center
- \*Not required to register with Eligibility Center to play D3 or NJCAA



## SCHOOL SELECTION-10 REALISTIC OPTIONS

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- You must love the school because there are no guarantees you will play
- Consider schools you have a realistic opportunity of playing
- Get to know the coach and the players-how the program is run, vision, goals-how do they align with yours?



# SCHOOL SELECTION-THINGS TO CONSIDER: ACADEMIC-ATHLETIC-SCHOOL

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- Not necessarily in terms of priority, but it is suggested you consider academics first:
  - ▶ Academic program
  - ▶ Level of commitment towards playing soccer vs social life/academics
  - ▶ Level of program and your ability to start as FR vs fight to start as a SR
  - ▶ Aid available-athletic, academic, FAFSA (financial aid)
  - ▶ Size of school/classroom
  - ▶ Location-city vs rural vs distance from home
  - ▶ Campus environment
  - ▶ In state vs out of state (tuition consideration)
  - ▶ Style of play/coaching style



# BENEFIT OF SC RESIDENCE

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- \$2800 Hope Scholarship to freshman with 3.0 average final HS transcript
- \$5000 Life Scholarship if meet 2/3 criteria:
  - ▶ 3.0 average final HS transcript
  - ▶ 1100 SAT/24 ACT
  - ▶ Top 30% of class
- \$6700 Fellow Scholarship if meet 3/3 criteria:
  - ▶ 3.5 average final HS transcript
  - ▶ 1200 SAT/27 ACT
  - ▶ Top 6% of class at end of SO, JR & SR years
  - ▶ OR
- \$6700 Fellow Scholarship if meet 2/3 criteria:
  - ▶ 4.0 average final HS transcript
  - ▶ 1400 SAT/32 ACT
- Additional scholarships:
  - ▶ Community service
  - ▶ Religious institutions
  - ▶ National grants
  - ▶ National student loans
  - ▶ ROTC
  - ▶ Work study



# RECRUITING TERMINOLOGY

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- D1/D2 coaches can recruit June 15 after SO year
- D3-no limitations for calls/emails, off-campus contact after So year
- NAIA-no recruiting rules
- Official visit (5 maximum, unlimited D2/3)-transportation, meals (3/day), housing and 3 tickets home game paid by school (D1/2-Aug 1 of JR year, D3-Jan 1 of JR year). Duration is 48 hours
- Unofficial visit-get 3 tickets for home game (D1/2-Aug 1 of JR year, D3-unlimited at any time)
- Dead period-no face to face interaction or watching player, just allow message/calls
- Quiet period-only face to face interaction on campus
- Contact period-coach can have face to face interaction, watch you play, communicate via text or call with you or parents
- NLI-National Letter of Intent-binding agreement to attend school for 1 academic year, really only required if receiving athletic scholarship
- Verbal commitment-verbal agreement to attend school, is not binding



# CONTACTING COACHES-INITIAL CONTACT

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- Good to start with contacts after SO year
- Personalize the message
  - ▶ Get the coaches name correct
  - ▶ What you like about the school/ program
- What to include:
  - ▶ Video
  - ▶ Upcoming schedule
  - ▶ Player profile (athletic and academic achievements, references, bio)



# CONTACTING COACHES-WHAT TO INCLUDE

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- Video
  - ▶ Have clips that make you stand out
  - ▶ Best clips first-get their interest
  - ▶ Good to have attacking and defending clips
  - ▶ Have an efficient video-cut out unnecessary footage
- Upcoming Schedule (if applicable)
  - ▶ Include date, time, location and opponent
- Player profile (Team Profile Form)
  - ▶ Preferred position/secondary position
  - ▶ Jersey #
  - ▶ Graduation year
  - ▶ GPA & SAT/ACT
  - ▶ Email & Phone
  - ▶ Club history
  - ▶ Achievements
  - ▶ REFERENCES



# CONTACTING COACHES-ATTENDING ID CAMPS

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- Isolated program camp
  - ▶ Good because generally less players, get direct involvement from coach
  - ▶ Bad because just 1 school
- Multiple programs camp
  - ▶ Good because more eyes/opportunities/connections
  - ▶ Bad because generally more players-can get lost
- Pros to ID Camps
  - ▶ Get to meet coaching staff/see their style, see campus/eat food/live in dorms, play well and make an impression
- STAND OUT!
  - ▶ Be brave in introducing yourself
  - ▶ Show respect and maturity
  - ▶ Play with confidence, especially in small-sided games
  - ▶ Reconnect with coaches via email after camp concludes





## CONTACTING COACHES-OFFERS

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- Generally an “offer” has an expiration of 1-2 weeks once it is communicated as coach needs to move on to other options if you don’t accept
- If you pursue the recruiting process with maximum effort, you should be guaranteed some type of aid whether its academic or athletic
- Having good grades makes you more marketable-you can be offered academic \$ and there’s nothing wrong with receiving academic \$ and little or no athletic \$



## COLLEGE RECRUITING PROCESS-OVERVIEW

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- You cannot play if you are not eligible. Maintain good GPA and Test Scores to be eligible on Sliding Scale for D1/2
- Track 16 Core Courses with Counselor
- Athletic Scholarship-D1, D2, NAIA, NJCAA
- Consider important variables in school selection
- Create an impressive video
- Be realistic but brave-the worse that can happen is you get told no

